

Someone you know could be experiencing
a mental health or addiction crisis.

LEARN WHAT TO DO



FREE

Mental Health First Aid Training

Helping Adults

Friday, March 20, 2020

8:00 am – 5:00 pm

Sullivan County Dept of Corrections Complex

103 County Farm Rd., Claremont

Pre-registration is required.

To register, contact Katie McDonnell at katiemcd73@gmail.com.

Mental Health First Aid is an 8-hour course that teaches you how to help someone experiencing a mental health or addiction problem or crisis. Learn how to respond and how to connect with appropriate professional care.

Anyone 18+ can take the course – family members, educators, first responders, clergy, community leaders.

The course is delivered by certified *Mental Health First Aid USA* instructors. Participants may receive 8 hours of professional development time with certificates available.

- Course book provided.
- Free parking.



24-Hour
Emergency Services **800-564-2578**

www.wcbh.org

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