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Act as if what you  
do makes a  
difference.  
It does.

~ William James  
the father of American Psychology

When arranging a planned gift  
to West Central Behavioral  
Health, you create a lasting  
legacy that will continue to  
help people in need far beyond  
our lifetimes.

It's easier than you think...

**West Central Behavioral  
Health provides services at  
the following locations in  
Sullivan and Grafton counties:**

Rivermill Commercial Center  
85 Mechanic Street  
Lebanon, NH 03766

52 W Pleasant St  
Claremont, NH 03743

130 Pleasant St  
Claremont, NH 03743

251 Elm St  
Claremont, NH 03743

71 Belknap Ave  
Newport, NH 03773

163 Summer Street,  
Newport, NH 03773

Administration  
9 Hanover Street, Suite 2  
Lebanon, NH 03766  
603-448-0126  
wcbh.org

# PLANNING YOUR CHARITABLE GIVING



YOUR GUIDE TO MAKING  
CHARITABLE CONTRIBUTIONS  
IN SUPPORT OF WEST CENTRAL  
BEHAVIORAL HEALTH

wcbh.org



**West Central Behavioral Health** has been providing comprehensive, evidence-based mental health treatment to children, adults and families in Grafton County, Sullivan County and the Upper Valley for over 40 years. As the region's community mental health provider, we provide access to high-quality, expert care to those in need – regardless of their ability to pay.

**Our mission** is to promote the health and quality of life of individuals, families and communities by providing treatment for mental illness and substance use disorders, while helping to reduce the stigma associated with these challenging conditions.

**With your help**, we will ensure that West Central is here – far into the future – to serve the most vulnerable residents in our community. Consider including West Central Behavioral Health in your charitable giving plans, perhaps through some of the options suggested in this pamphlet. And remember – we're here to help you shape a giving plan that works for you.

**Planned giving** is a means to create a lasting legacy to benefit future generations, while ensuring that you have the ability to enjoy your assets during your lifetime. If you would like to learn more about this attractive giving option, contact our Development Office.

To learn more about West Central, please visit our website at [wcbh.org](http://wcbh.org).

**When you decide** to include us in your estate plans, you become a member of the MacNamee Society, a group created in honor of long-standing West Central Behavioral Health supporters Dr. Hugh and Mrs. Mimi MacNamee. Dr. MacNamee served as West Central's first medical director beginning in 1978 and, through the MacNamee Memorial Trust, the family has supported the work of West Central for many years.

**Create a personalized plan.** You may direct your gift toward programs that are most important to you. You might wish to help children with emotional or behavioral challenges gain access to therapy; help improve the physical health, quality of life, and life expectancy of people living with severe mental illness; or support our efforts to eliminate the stigma associated with mental illness and substance abuse. There are so many worthwhile projects to choose from – and we would love to tell you about them. You may also choose to give West Central the flexibility to direct your gift to support the most critical community needs as they arise.



Nurturing Dreams...Transforming Lives...

## PLANNED GIVING OPTIONS

Many planned giving options allow you to enjoy income from an asset during your lifetime, and even receive favorable tax benefits while you do so. You may also select gift options that provide lifetime income to West Central yet allow your family to inherit assets from your estate. Many planned gifts avoid what can be costly probate proceedings and can be immediately put to work on the things that matter most to you.

### A Charitable Gift Through Your Will

By including West Central in your will, you can designate a specific amount to go to West Central or select a percentage of your estate. You can also make a gift from the remainder of your estate, ensuring bills and bequests to family are paid first.

### A Charitable Trust

You may establish a trust, where you may name West Central as the beneficiary, while utilizing the income from the trust during your lifetime.

### Gift Annuities, Retirement Plans, and Insurance Policies

You may make a gift of an annuity, providing West Central with a yearly sum. You may also designate West Central as a beneficiary of your retirement plan or life insurance policy.

**For more information about including West Central Behavioral Health in your will or estate plan, please call the Development Office at 603-448-0126 ext. 2100 to speak with our staff.**

**We suggest you consult an attorney or financial advisor to select the best planned giving option for you.**