

2021

REPORT ON PHILANTHROPY



OFFICERS & DIRECTORS

Pete Bleyler
Chair, Board of Directors
 West Lebanon, NH

Doug Williamson, MD
Vice Chair, Board of Directors
 Hanover, NH

Anne Page
Secretary/Treasurer, Board of Directors
 West Lebanon, NH

Brooke Adler
 Lebanon, NH

Clint Bean
 Grantham, NH

Aimee Claiborne
 North Sutton, NH

Lisa Cohen
 Newport, NH

Kaitlyn Covell
 North Sutton, NH

Ken Dolkart, MD
 Grantham, NH

Ken Goodrow, CPA
 Plainfield, NH

Alan Green, MD
 Hanover, NH
**posthumously*

Bob Hansen, Ph.D.
 Hanover, NH

Brian Lombardo, MD
 Thetford Center, VT

Sally Rutter
 Lebanon, NH

Karen Sanders
 Lyme, NH

Sheila Shulman, LLB, MPH
 Grantham, NH

Phillip Stocken, Ph.D.
 Hanover, NH

Will C. Torrey, MD
 Etna, NH

DIRECTORS EX-OFFICIO

Roger W. Osmun, Ph.D.
President & CEO
Ex-officio
 Lebanon, NH

Diane Roston, MD
Medical Director
Ex-officio
 Lebanon, NH



OUR MISSION

To promote the health and quality of life of individuals, families and communities by providing treatment for mental illness and substance use disorders, while helping to reduce the stigma associated with these challenging conditions.

OUR VISION

We envision a time when behavioral health services are fully available as needed and the stigma associated with mental illness and substance use disorders is eliminated.

DEAR FRIENDS & DONORS,

This was a year of extraordinary and surprising change. You helped us thrive.

COVID-19 made people from all walks of life feel the sharp emotional pinch of mental illness. If you suffer from mental illness you are a vital part of our social fabric; yet, you are often neglected and discriminated against. After all, 1 in 2 people will experience a mental health issue in their lives, and 1 in 5 will experience mental illness this year. Suicide and substance misuse rates have risen by nearly 30% during the pandemic. Please know there's no need to suffer in silence. We are all in this together.

With your support, we developed a 24/7 mobile crisis response team this past year. We transitioned to a technology-enabled virtual/mobile workforce, deploying new laptops, and upgrading our integrated electronic medical records system for home and community-based work without interruption of care. We stepped up our efforts in the Newport community and schools, began development of an integrated care program in our Claremont adult clinic, increased our emphasis on early childhood therapy, and moved our administrative staff into our Lebanon clinic to reduce our footprint and better integrate our workforce. We fully established a Medication Assisted Treatment (MAT) program for opioid addiction treatment and recovery in Sullivan County. And we continue to provide nearly \$600,000 in unreimbursed charitable care to clients.

Rural populations, veterans, and underrepresented minorities are disproportionately affected by mental illness and substance misuse. Incarceration is a cause of, and a failed response to, addressing mental



Doug Williamson, MD



Roger Osmun, PhD

health issues. With our mobile crisis staff poised to respond, we hope to reverse this disturbing trend.

Pete Bleyler, whose five-year term as our Board chair ended, will remain on as a Board member. We are grateful for his devotion to our mission and work. Under Pete's guidance, we have made great strides to deliver exceptional care to disenfranchised and vulnerable community members.

From a virtual COVID-19 online campaign that garnered more than \$76,000, to gifts and grants totaling nearly \$1.2 million, we benefited from your generosity. When our clients tell us they couldn't have survived without us, we know we could not have survived the pandemic without each of you.

As we extend our great appreciation for your ongoing generosity, we ask you to help us rise to the future challenge of funding our work when private support is so desperately needed.

Sincerely, and with thanks,

A handwritten signature in dark ink, appearing to read "Doug Williamson".

Doug Williamson, MD
Chair, Board of Directors

A handwritten signature in dark ink, appearing to read "Roger Osmun, PhD".

Roger Osmun, PhD
President & CEO

WITH APPRECIATION,

Pete Bleyler chaired our Board of Directors for five years, ending his term on June 30, 2021. During Pete's tenure, West Central took large leaps forward, not the least of which was hiring Roger Osmun, PhD as our new CEO & President in September 2019 after a comprehensive, nation-wide search. As Chair, Pete guided West Central through the creation and implementation of a 5-year strategic plan to advance integrated care, expand our substance use services offerings, strengthen our ability to attract and retain qualified staff, raise our visibility in the community, and increase public and private funding to help achieve our mission. Thanks to Pete's leadership, West Central is in a much stronger position to meet our clients' needs and to sustain itself financially. Pete now joins his wife, Ruth, as a past West Central Board chair. We extend our sincere admiration and appreciation to Pete and Ruth for their Board service and ongoing support. Pete plans to remain on our Board as a valued member.



Annual Awards

June 28, 2021 was an exciting day to present our annual awards to two very worthy West Central community members. Michael Whitman of Lyme received the Lilla McLane-Bradley Award for Mental Health Advocacy and Shawn Cornell of Claremont received the Fred Hesch Award for Excellence in Performance. Michael was recognized for his decades of local volunteer work in suicide awareness and recovery. Shawn, West Central's IT Director, was recognized for his 22 years of exemplary service to his colleagues and to help our organization thrive in this rapidly-changing world of technology.



(L) Michael Whitman (R) Shawn Cornell

*The strongest are
those who win battles
we'll never see. Mental
illness gives rise to
survivors, heroes,
and role models. Let's
celebrate them openly!
~ Anonymous*

A MESSAGE FROM DEVELOPMENT & COMMUNITY RELATIONS

Tens of millions of Americans struggle with mental illness. It disrupts lives, education, employment, family relationships, and it tests our criminal justice system. Two of the most common disorders, anxiety and depression, cost the global economy over \$1 trillion in lost productivity annually. We know that one in five people live with mental illness, yet we still have trouble speaking about it openly and without shame.

Closer to home, drug overdose deaths are intensifying, with “deaths of despair” (suicides and drug overdoses) projected to rise dramatically as a result of the pandemic.

While vaccination rates have risen and people return to their daily routines, the effects of the pandemic’s isolation on children and families remain. People who lost their jobs continue to teeter on a financial razor’s edge, with the resulting stressors hard to manage without professional help.

Yet there is help, and we must broadcast this to all corners of our beautiful region. Seeking mental health or substance misuse treatment is not just important, but crucial to your health and to those who care about you. Seeking help makes you stronger. You become a hero, a role model for others.

To this end, we are spreading the word on social media – Facebook, LinkedIn, Instagram – about mental health-related programs and information to help normalize the conversation around mental illness

and substance misuse as treatable disorders. Please join us in the virtual world by liking, sharing and commenting on our posts and pages. You may also stay informed and support our work by signing up for our monthly e-newsletter. We encourage everyone, including individuals, companies, foundations, towns, cities, and municipalities to support our cause.

We know that one in five people live with mental illness, yet we still have trouble speaking about it openly and without shame...

We also urge all people to seek mental health and substance misuse treatment as a normal part of their regular health practices. The COVID-19 pandemic has amplified our need to rely upon trusted and educated behavioral healthcare professionals to help us cope and recover.

Together, with our work with clients in our communities, our collective voices can create a “new normal” of speaking about, rather than shrinking from, conversations surrounding mental illness. We encourage the philanthropic community to join with us in catalyzing change to the approach of funding mental health programs so we may all thrive.

Sincerely,



Dave Celone
Director, Development &
Community Relations (DCR)



Kaitlyn Covell
Board member;
DCR Committee Chair

OUR DONORS

Donors are the vital spark who sustain our work. Our primary source of revenue, Medicaid, covers only 75% of our cost of care, making private support crucial to our ongoing success. Giving from foundations and corporations more than doubled in FY'21. Our total number of gifts grew by 8%. And our overall revenue increased to \$1.17 million, up just over 5%. Media and social media hits, likes, follows, clicks, and placements rose considerably. Thank you for your wonderful financial contributions, and for letting your friends and family members know you choose to support us so we, in turn, can support our friends and neighbors. Your involvement inspires, motivates, and energizes us!

Individuals

| | | | | | |
|----------------------------------|------------------------------|---|-------------------------------|-----------------------------------|---------------------------------|
| Tim Abraham | Bill & Cyndy Bittering | Joanne Conroy | Amy & Chip Fleischer | William & Jill Hatch | Carola Lea |
| Sarah Ackerman | Pete & Ruth Bleyler | Clyde & Marilyn Cook | Allison Flint | Karen & Doug Heaton | Richard & Elaine Leone |
| Brooke & Jim Adler | Peter & Ruth Blodgett | Tom & Nicole Cormen | Milt & Carolyn Frye | Emma Henderson | George & Carol Little |
| Ben Albers | Rick & Cindy Bolduc | Barbara & Dick Couch | Stephen Fucini | Jan Henshaw Longwell | Todd & Jill Lloyd |
| Jeff Allen | Karen Boucher | Kaitlyn Covell | Michael & Margaret Galbraith | Caroline Hoen | Brian Lombardo & Tracy Bach |
| Susan Almy | Theresa Boutin | Jim & Mina Cowie | Robert Gallagher | David & Deborah Hoffer | Sarah Lord |
| Richard & Mary Altman | David & Ann Bradley | Daniel & Judith Croitoru | Yves & Jeannine Garceau | Kit & Allen Hood | Barbara Lynch |
| Gregory Ames & Jackie Joy Ames | Daniel Brand | Deborah Cromwell | Bill & Kathy Geraghty | John Houde & Jennifer Rybek Houde | Ted MacVeagh & Katy Milligan |
| Robert & Pam Annis | Gabriel & Jessica Brooks | Lawrence & Linda Dacey | Heather & Brian Giaccone | Deanna Howard | Charlton & Diana MacVeagh |
| Anonymous (2) | Lin & Richard Brown | Lawrence & Elizabeth Danyluk | Elizabeth Gibbs | Edith Hubbell | Katie & John Madden |
| Christopher & Linda Arnold | Barbara Brown | Jane Darrach | Lucy Gibson | Thomas & Jill Hull | Dewitt & Vera Mallary |
| Dwight & Gayle Aspinwall | Mary & Scott Brown | Richard & Helen Davidson | Steve and Sarah Goldsmith | Larry & Nancy Huot | John & Katie Manchester |
| Gert & Jan Assmus | John & Barbara Bruno | Susan Davidson | Dennis & Laura-Beth Goodman | Karla Isley | Frank & Alecia Manning |
| Steven Atkins | Max & Theresa Bryant | William & Katherine Demers | Ken & Fawn Goodrow | Khalil Jabareen | Paul & June Marshall |
| Chris & Christine Bailey-Kellogg | Dexter & Liz Bucklin | Allen Dietrich & Ardis Olson | Paul & Maura Gorman | Katie Jenks | Brian Marsicovetere |
| Emily Baker | Kenneth & Marion Burchard | Ken & Vivian Dolkart | Ronald & Susan Green | Bruce Jette | Peter & Patricia Martin |
| Bob & Bronwen Ballou | Tim & Kristin Burdick | Joshua Brown & Elizabeth Dollhopf-Brown | Robert Greene | Beatrice Jillette | Kathy Martin |
| Erin Barnett | Dorothy Byrne | April Donnelly & Daniel Weinstein | Laura Greer & Erich Osterberg | Lars & Marita Johanson | Lu & Peter Martin |
| Steve Bartels & Liz Tomlinson | Dom Candido | Bob Drake & Debbie Becker | Jim & Mary Grenier | Barbara Jones | Pete Mason & Laurie Harding |
| Richard Bascom | Samuel & Danielle Casella | Lawrence & Elizabeth Draper | Suellen Griffin | Gisela Jones | William & Donna Matson |
| Nancy Bassett | Dave Celone | Debra Drown | Marshall & Margaret Guill | Suzanne Jones | Jane McCarthy |
| Fred & Patricia Batchelder | Lisa Celone | Richard & Bayle Drubel | Karen H | Gene Kadish & Karen Fryer | Katie & Terry McDonnell |
| Stephen Bayes | Raymond & Sue Chandler | Rod & Carol DuBois | Bob & Honore Hager | Alan & Jo Keiller | Gregory & Allyson McGinn |
| Debra Ann Bean | William & Marjorie Chase | Hope Duncan & Jim Beaulieu | Roger & Ann Hanlon | Kevin & Punam Keller | Gregory McHugo & Mary Conrad |
| Clint Bean | Bob Christensen & Sara Ecker | Stephanie Durand | Phil & Gail Hanlon | Pete & Winkie Kelsey | Peter McLaughlin & Jane Kitchel |
| Joe & Mary Beer | Ann & David Cioffi | Robert & Shirley Eaton | George Hano & Diane Crowley | David & Joyce Kelty | McLaughlin |
| Diana Berger | Aimee Claiborne | Brian & Susan Edwards | Bob Hansen | Polly Kent Campion & Jay Campion | Ellen & Erzo Meara |
| Stephanie & Corey Bergeron | Ray & Tina Clark | Stephen Ensign | Carl & Pamela Hanson | Marc & Mary Kenton | Ron Michaud |
| Reed Bergwall | John Cloutier | Marie Esselborn | Phil & Kate Harrison | Paul & Joyce Killebrew | Thomas & Suanne Milligan |
| Richard Bircher | Lisa Cohen | Priscilla Eusden | John & Alice Harrison | Donald Kollisch & Patricia Glowa | David & Sheila Millstone |
| | Frances Cohen & Alan Green | Tom & Ashley Farnen | Pat Harrison | David & Nancy Lagomarsino | Angela Montano |
| | David Cole | Isabelle Farmer | William & Virginia Hart | Harold & Gerry LaValley | William & Margaret Montgomery |
| | Chuck Cole & Liz Ryan Cole | Jim & Sheila Feyrer | Nicholas & Connie Harvey | | Sue Mooney |
| | Sheila Conley | | | | |

Rhonda Morgan
 Richard Morse & Elizabeth Bullard-Morse
 Randall & Bridget Mudge
 Jill Muntz
 Henry & Amy Nachman
 Tina & Christopher Naimie
 Donald Neely
 Valerie Nevel
 Nancy Newbury-Andresen
 Richard & Sharon Nordgren
 Bob & Judy Odell
 Ernst & Linda Oidtmann
 Ted & Dorothy Osgood
 Jessica Oski
 Roger Osmun & Jon Mason
 Evan Oxenham & Lee Walker Oxenham
 Marilyn Paganucci
 Anne Page
 Robert & Diane Palac
 Patricia Panno Schmidt
 Peter & Rebecca Paquette
 Henry & Pauline Parker
 Barbara Payson
 Donald & Abbie Penfield
 John & Maggie Pepper
 Robert & Norah Peterson
 Lizann Peyton
 Marc & Catherine Pipas
 Stephen Plume & Martha McDaniel
 Steven & Jane Plumley
 Bruce & Susan Plummer
 Steve & Rebecca Powell
 Robert & Sharon Racusin
 Mike Rademakers
 Suzette Ragan
 Victoria Ramos-Glew
 Mary Anne Rankin
 Brian Remillard & Elaine Fleming

Carin Reynolds
 Robert Rice
 Stephen & Martha Richardson
 Kerry Riess-Choukas
 Edward & Jane Rippe
 John & Martha Robb
 Kris & Katie Robbins
 Dana & Martha Robes
 David & Barbara Roby
 Linda & Rick Roesch
 Diane Roston
 Barry & Arline Rotman
 Judith Russell
 Sally & Jerry Rutter
 Fred & Mary Ann Salvatoriello
 Karen & John Sanders
 John & Emily Sands
 David & Ann Sargent
 Sonia Scherr
 John & Jill Schiffman
 Larry & Mary Schissel
 Ernst Schori
 Michael Schorsch
 Linda Schultz
 Sarah Schwaegler
 Alyson Schwartz
 Preetha Sebastian
 Barrie & Pat Sellers
 Margaret Sheehan & Molly Winer
 Sheila & Larry Shulman
 Rob Shumsky
 Helen Skeist
 Matt Slaughter & Lindsey Klecan
 Barry Smith
 Dudley & Julie Smith
 Holly Smith-Aquilera
 Matt Squires
 James & Mary Ann Stanford
 Kim Staples

Joel Stettenheim & Signe Taylor
 Gregory & Patricia Steverson
 David Stiger & Kristine Karlson
 Phil & Mary Beth Stocken
 Christine Stone
 Jim & Margaret Strickler
 Kathy Stroffolino
 Lynn Sudlow
 Clint Swift & Bonnie Allard Swift
 Theresa Symancyk
 Dennis & Ann Thron
 Will & Rebecca Torrey
 Adelaide Tousley
 Chuck & Jean Townsend
 Clyde & Margaret Trumbull
 Jesse & Jan Turner
 Mark & Susan Valence
 Roy & Emily Van Vleck
 Jim & Cindy Varnum
 Ignacio Villa
 Casey Villard
 William Von Oehsen & Helen Moore Von Oehsen
 Patti & Ken Warren
 Mary Waters
 Jim & Mimi Weinstein
 Ken Wells
 Carol Westberg
 Charles & Leah Wheelan
 Huntley & Lynne Whitacre
 Bradford & Karen Whitaker
 Sue White
 Steve & Carolyn Whitman
 Susan Williams
 Judith Williams
 Karen Williamson
 Debbie Williamson
 Doug & Leslie Williamson
 Estate of Richard E. Williamson
 Mimi Winer

Dalton Winslow
 Markus & Heather Wittmann
 Stew & Kristin Wood
 Duncan & Sally Wood
 Jeanne Woodward-Poor
 Chuck & Susan Wooster
 Jim & Betsy Wooster
 Jim & Susan Wright

Organizations & Foundations

A.B. Gile, Inc.
 Amazon Smile Foundation
 American Legion Post 25
 Balagur Associates
 Bar Harbor Bank & Trust
 Benevity Community Impact Fund
 Bio X Cell
 Bishop's Charitable Assistance Fund
 Burkehaven Family Foundation
 Canaan Lions Club
 Charles W. Boren Fund
 Cioffredi & Associates Physical Therapy LLC
 Claremont Savings Bank Foundation
 Cogswell Benevolent Trust
 Co-op Food Stores
 Couch Family Foundation
 Dartmouth-Hitchcock Medical Center
 David & Sydney Feldman Charitable Trust
 DOMUS, Inc.
 Dussault Property Management LLC
 First Baptist Church of Hanover
 First Congregational Church of Croydon

Geokon, Inc.
 Granite United Way
 Granite Value Capital, LLC
 Greater Sullivan Strong
 Hays Companies Inc.
 Hubert's of Claremont, Inc.
 Hypertherm Hope Foundation
 Jake's Market & Deli
 John M. Shapiro Charitable Trust
 Kettering Family Philanthropies
 Lane and Elizabeth Dwinell Charitable Trust
 LaValley Building Supply
 Law Office of Margaret A. Jacobs
 Ledyard National Bank
 Lilla Family Fund
 Loudon Investment Management
 Lubbe Family Fund
 Marsicovetere Law Group, PC
 Mascoma Savings Bank Foundation
 Mt. Roeschmore Foundation
 Network for Good
 New Hampshire Center for Nonprofits
 New Hampshire Charitable Foundation
 New Hampshire Electric Co-op Foundation
 New Hampshire Food Bank
 Newport Charitable Fund
 Novo Nordisk US Bio Production Inc.
 Rosebud Fund
 Samuel P. Hunt Foundation
 Sons of American Legion Post 36, Ludlow, VT
 St. Thomas Episcopal Church
 Stave Puzzles, Inc.

Stettenheim Foundation, Inc.
 Sugar River Bank
 The Jack and Dorothy Byrne Foundation
 The Tuthill Family Foundation
 Three Tomatoes Trattoria
 Trumbull-Nelson Construction Co., Inc.
 Upper Valley Mask Makers
 Upper Valley Strong

Cities, Towns & Municipalities

Grafton County Commissioners
 Sullivan County Commissioners
 City of Lebanon
 Town of Acworth
 Town of Canaan
 Town of Charlestown
 Town of Cornish
 Town of Cornish
 Town of Croydon
 Town of Enfield
 Town of Goshen
 Town of Grafton
 Town of Grafton
 Town of Grantham
 Town of Hanover
 Town of Langdon
 Town of Lempster
 Town of Lyme
 Town of Orange
 Town of Orford
 Town of Plainfield
 Town of Springfield
 Town of Sunapee
 Town of Unity
 Town of Washington

WEST CENTRAL'S PANDEMIC PIONEERS

Once COVID-19 vaccines were approved and available for healthcare workers, we jumped on board, bared our arms, and led the way. Many of our staff members began sending us photos of themselves as they were being vaccinated. This prompted plenty of conversation and helped more people, staff and clients included, make the decision to get vaccinated early. As a result, we had very few cases, and at our Arbor View residence in Newport, we had zero cases!

We knew this was serious business, but making it look easy and fun was a good way to reflect on the importance of small things that have major consequences. A smile. A kind word. Wearing a mask. Sharing a joke. Letting someone know we care. We know what we do matters to those who often cannot find a way out of life's most difficult places.

Physical health and mental health are intertwined, so keeping ourselves vaccinated helped us remain strong in the face of the pandemic's overwhelming psychological demands. Thank you, to all Pandemic Pioneers!



"Asking for help is the first step. You are more precious to this world than you'll ever know."
~ Lili Reinhart, Actor & Author

FINANCIAL SUMMARY FY2021

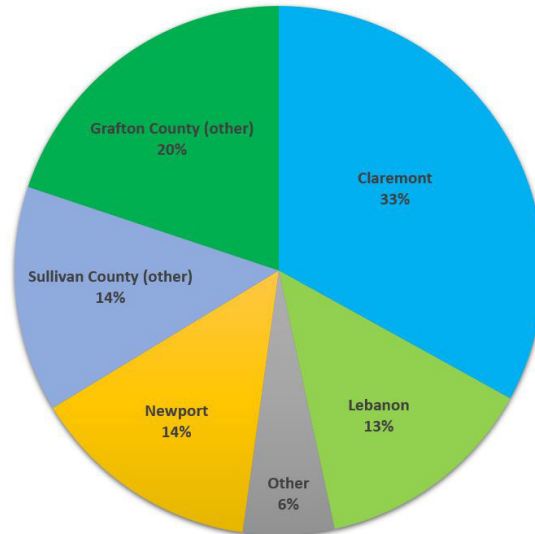
Our Clients By Location

We serve hundreds of people through our work in schools, nursing homes, corrections facilities, and court diversion programs.

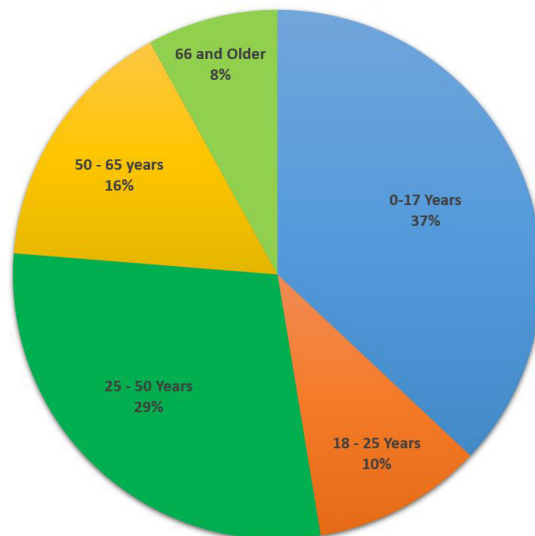
85% of West Central Clients are Medicaid/Medicaid-eligible.

We serve the underserved, marginalized and most vulnerable of all ages.

1,655 Clients Served & More Than 65,000 Client Visits



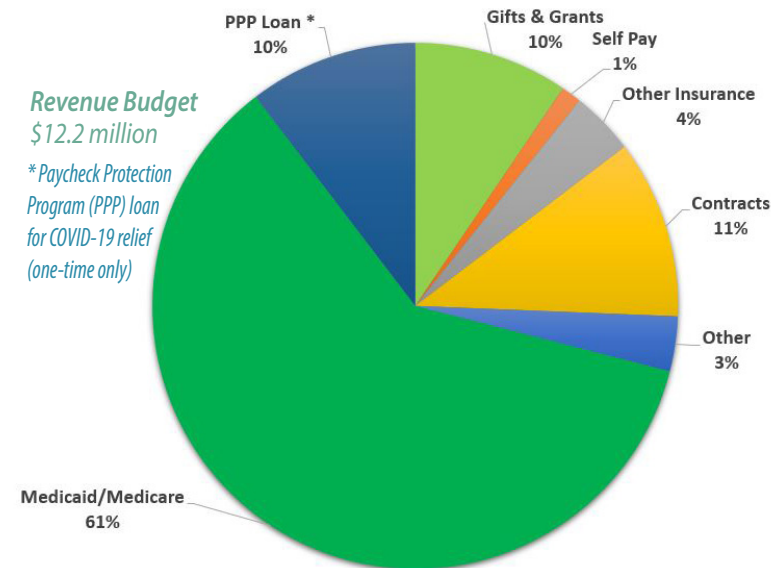
Our Clients By Age



Revenue Sources

Revenue Budget \$12.2 million

* Paycheck Protection Program (PPP) loan for COVID-19 relief (one-time only)

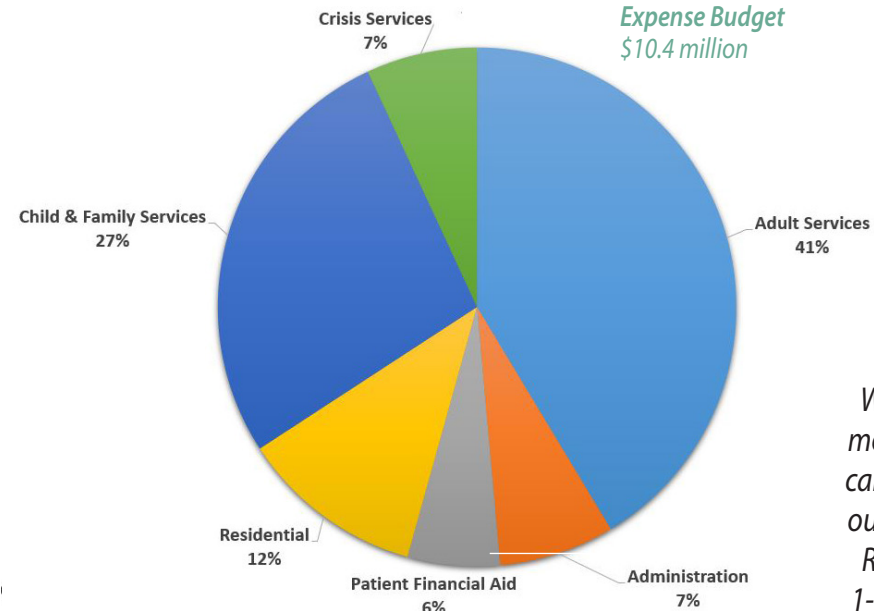


We provide \$600,000 in unreimbursed charitable care each year.

Revenue from Gifts & Grants grew by 5% in FY'21 to \$1.2 million.

Expenses By Program

Expense Budget \$10.4 million



We respond to more than 2,000 calls annually on our Mobile Crisis Response line. 1-800-564-2578

TRIBUTES

Tributes honor or memorialize a person in your life or highlight special occasions like birthdays, weddings, graduations, retirements, or anniversaries. Memorializing a loved one with your gift, or by requesting that gifts be made to West Central are powerful reminders of the importance of our work in the community. If you designate us to receive a memorial donation, please use this language in the obituary: "Memorial gifts may be made to West Central Behavioral Health, Development Office, 85 Mechanic Street, Suite C2-1 Box A-10, Lebanon, NH 03766."

Honorary Gifts

In Honor of Brooke Adler

Joshua Adler

In Honor of Roberta Berner

Molly Potter Scheu

In Honor of Suellen Griffin

Susan Almy
William Bittinger
Paul Boucher
Deanna Howard
Ted MacVeagh
& Katy Milligan

Peter Mason

Bob Odell

Peggy O'Neil

Susan Paschell

Thomas W. Reardon

Larry & Mary

Schissel

Doug & Leslie

Williamson

In Honor of the Harrison Family

Griffiths-Wennrich
Family Fund

James Griffiths

Patricia Harrison

Sarah Herbert

In Honor of Jessie Turner

Bob Drake &

Debbie Becker

In Honor of Hermine Wallach

Holly Bergeron

Donald Burrell

Kathie Coburn

Carol Crouthamel

Elizabeth Edson

Diane Wells

In Honor of Mrs. Miriam Winer

Kathy Alpert

Henry & Elizabeth

Benatti

Jan Dooley

David &

Sydney Feldman

Foundation

Margery Kelly

Bill & Joanne Segal

Margaret Sheehan

Jane Winer

Joshua Winer

Molly Winer

In Honor of Steve Whitman

Stewart Whitman

Memorial Gifts

In Memory of Danielle M. Griffin

Jeffrey &

Katherine Alitz

Barbara Bugbee

Earl & Lucille

Capozzi

Mary Ann Del Debbio

Mike & Kelly

Gabriele

Dennis &

Catherine Griffin

Donna Griffin &

Lori Nemec

Kathleen Martin

Noreen Quinn

In Memory of Joshua Mark Christie

Jeffrey Allen Sr.

In Memory of Lane Ellis

Holly Bergeron

Donald & Dana

Burrell

Kathie Coburn

Carol & John

Crouthamel

Elizabeth Edson

Hermine Wallach

Diane Wells

In Memory of Raustin Daine Hernandez

Dussault Property
Management LLC

In Memory of James Holley

Carolyn & Milt Frye

In Memory of Michelle Parsons

Robert Rice

Tricia &

Richard Wood

In Memory of Matthew Winer

Miriam (Mimi) Winer

Planned Gifts

Pete & Ruth

Bleyler

Richard E.

Williamson

THE MACNAMEE SOCIETY

Leaving a legacy to help future generations starts today. The MacNamee Society was named to honor long-standing West Central benefactors, Dr. Hugh and Mrs. Mimi MacNamee. Dr. MacNamee served as our first medical director in 1978. When

you include West Central in your will or estate plans, or make a planned gift, you will join The MacNamee Society. Please call our Development Office at 603-448-0126 or email Dave Celone at dcelone@wcbh.org to discuss planned giving opportunities.

GIFTS OF STOCK & SECURITIES

We accept gifts of stock and marketable securities. This offers a way to donate the current market value of appreciated assets while gaining a tax deduction and avoiding capital gains taxes. Your specific tax situation may vary, so please consult with your advisor. We accept stocks via our Vanguard brokerage account.

Account information and our Federal tax id number are listed on our Donate web page at wcbh.org/donate/

We have taken great pleasure in compiling this Report as accurately as possible. If you see an error or omission, please accept our apologies and kindly let us know.

OUR PROGRAMS & SERVICES

Adult Services

Providing comprehensive mental and behavioral health treatment for adults age 18+ and seniors. Our clinical team develops a personalized plan of treatment designed to assist clients in managing symptoms, improving health, and enhancing quality of life.

Child & Family Services

Support for children ages 0-18 and their families. Our clinical treatment addresses issues such as anxiety, depression, trauma, ADHD, eating disorders, and conduct problems. Individual therapy, child-parent psychotherapy, psychiatric care, case management, and early childhood therapy.

Mobile Crisis Services

Launched in July 2021, our crisis clinicians provide 24/7 mobile crisis response throughout our region. Phone and in-person support for individuals, caregivers, and social service providers during times of crisis, trauma, and disasters. Assisting first responders working in local schools, hospitals, social service agencies, and businesses.

Substance Use Services

Outpatient treatment for individuals coping with substance use disorders, including alcohol, opioid, cannabis, cocaine and amphetamine dependence. Individual and group therapy, relapse prevention, case management, treatment for co-occurring mental health issues, and medication-assisted treatment (MAT) for opioid addiction.

Older Adult Services

Outpatient treatment including psychiatric treatment, case management, and medication management for seniors experiencing life transitions and life changes who exhibit signs they may need help, such as confusion, memory loss, behavior changes, or difficulty managing daily activities.

In The Community

Supporting the community with behavioral health services and educational programs locally in schools, nursing homes, businesses, courts, and corrections facilities. Raising awareness of the need to speak openly and in support of all who seek treatment for mental health and substance use disorders.

SENIOR LEADERSHIP

Dave Celone

*Director of Development &
External Relations*

Roger Osmun, PhD

President & CEO

Robert Gonyo

Chief Financial Officer

Diane Roston, MD

Medical Director

Nancy Nowell, PhD

VP of Clinical Services

Cynthia Twombly, MA, MBA

VP of Operations

Susan White, PHR

*Director of
Human Resources*

LOCATIONS

Lebanon

1

Administration & Development Offices

Rivermill Commercial Center
85 Mechanic Street
Suite C2-1 Box A-10
Lebanon NH 03766
603.448.0126

2

Adult Outpatient Services Child & Family Services

Rivermill Commercial Center
85 Mechanic Street

Claremont

3

Adult Outpatient Services

52 West Pleasant Street

4

Child & Family Services

130 Pleasant Street

5

Substance Use Services

251 Elm Street

Newport

6

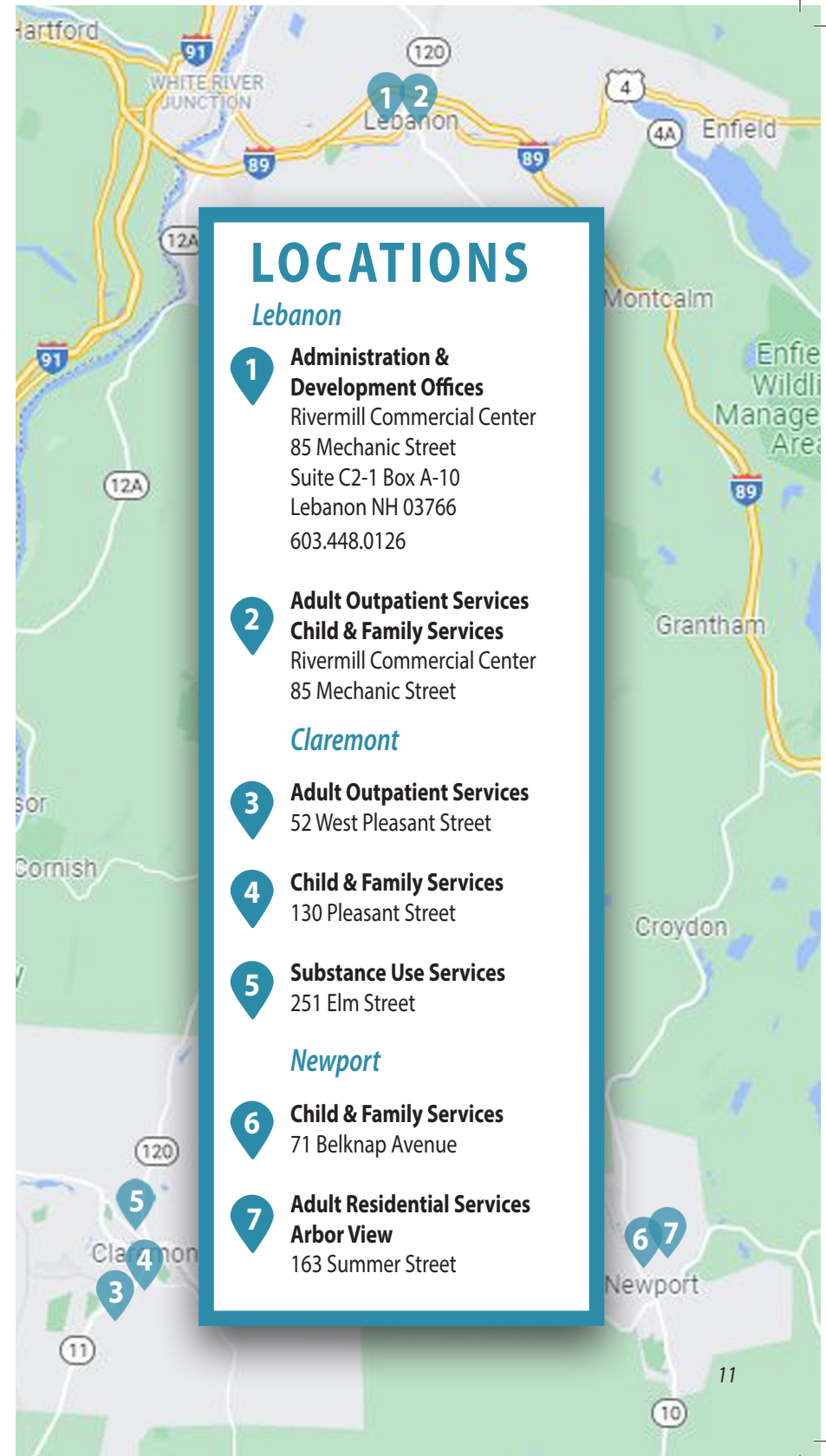
Child & Family Services

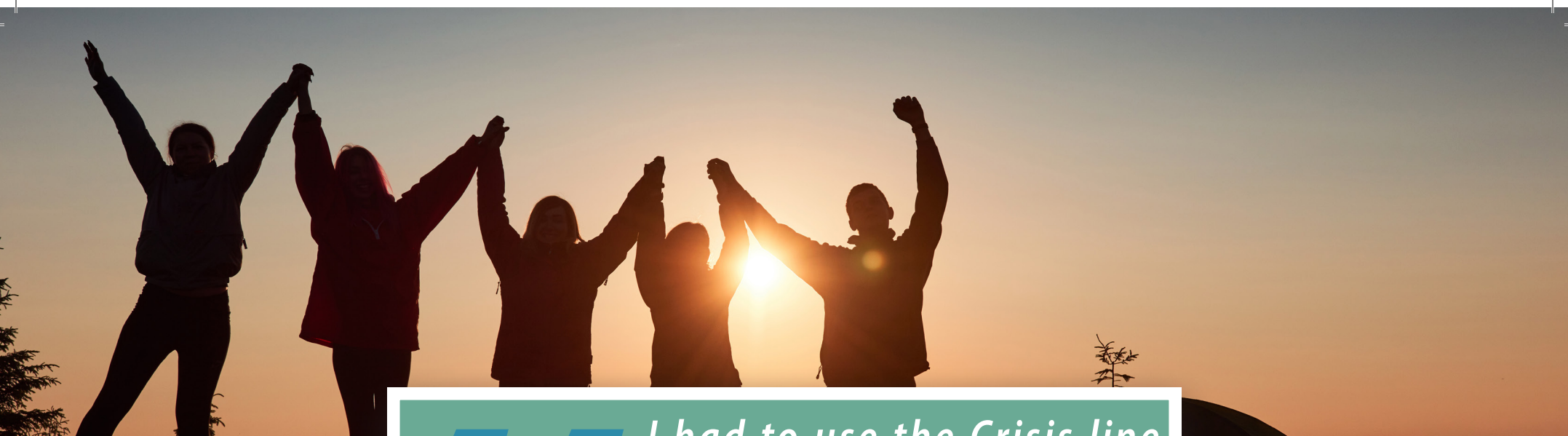
71 Belknap Avenue

7

Adult Residential Services Arbor View

163 Summer Street





I had to use the Crisis line earlier this year when our 13-year-old was having a mental health crisis. I'm really glad I had someone to talk to in such a scary time.

~ West Central Parent



24/7 Mobile Crisis Response

800-564-2578

Schedule an Appointment

603-542-5128

| www.wcbh.org |

