



Annual Report: Fiscal Year 2023 (July 1 – June 30)

A Message from Our Leadership:



West Central Behavioral Health is among a handful of agencies that people turn to in a time of crisis. We consistently provide compassionate and effective mental health care to families, children and adults, and have done so for 47 years. Largely, this has occurred because West Central employees are committed to our mission. We are grateful for our long-term employees who have served their communities, some for 20, 30, or even 40 years, and we are equally appreciative of new staff members who are eager to fulfill our vision. As we move forward, we are guided by the principles of hope, respect, and empowerment.

In the face of many changes, a multi-generational workforce, the remnants of a pandemic, and a very low unemployment rate all of which make it challenging to recruit additional staff, we are dedicated to the clients we serve. Despite those headwinds, West Central Behavioral Health remains committed to recruiting, mentoring and training the next peer counselor, therapist, or psychiatrist who is ready to join our mission. We are well positioned to do so because staff are highly skilled and ready to share their robust knowledge with those who are entering the field.

Over the last year, the medical team supervised four residents and three psychiatric fellows. Staff time has been allocated to support master's level interns, and over the past two years 21 employees were promoted from within the organization to positions that required additional training and coaching. As a further incentive, a generous donor provided \$200,000 in funding to kick off a new partial student loan repayment program.

Treatment and support is provided to nearly 1,700 clients annually. Some are experiencing a moment of crisis, others are trying to cope with a life-time of mental illness. Our staff always stands ready and able to help those who can benefit from West Central services. The attached report contains information about current programs, and even more can be found at wcbh.org.

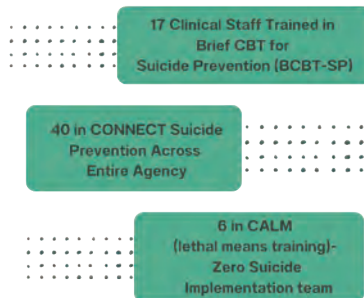
This work could not be accomplished without you, our donors and supporters, and we thank you again for your contributions and support.

Gratefully,

Doug Williamson, M.D.
Chair, Board of Directors

Roger Osmon, Ph.D.
President & CEO

West Central Staff Zero Suicide Trainings



YOUTH CAN

FY23 Impact Update July 22 - June 23

IMPACT



2,365 Volunteer Hours Valued at \$92,260



6,613 People Served



5 In-Kind Donations Valued at \$8,000



87,967 Reached via Media



5 In-Kind Donations Valued at \$8,000



75+ Coalition Members

Mobile Crisis Response



252 Emergency Room Evaluations



205 Outreach Responses to Homes & Schools



146 Urgent Appointment Requests



37 Dispatches with Police Involvement

24/7 NH Rapid Response Access Point: 833-710-6477 (call or text); National Suicide & Crisis Lifeline: 988 (call or text)



West Central Behavioral Health Annual Report

July 1, 2022 – June 30, 2023

Income

Medicaid	\$7,124,045
Other Insurance	\$509,220
Client Fees	\$40,262
Grants & Contracts	\$2,363,531
Municipal Funding	\$126,260
Public Support	\$251,584
Rent, Interest & Other	\$757,533

TOTAL **\$11,172,435**

Expenses

Adult Services	\$ 2,251,633
Children's Services	\$1,867,385
Residential Care	\$925,822
Housing Programs	\$429,833
Mobile Crisis	\$911,275
Vocational & Miscellaneous	\$179,469
Management & Administration	\$2,484,689
Fundraising	\$178,333
Contract/Grant	\$573,117

TOTAL **\$9,801,556**



To make a donation or learn more about the work of West Central Behavioral Health, contact Dana Michalovic, Development & Community Relations, Director at dmichalovic@wcbh.org, or 603-448-0126.

Thank You to all of our Generous Donors

FOR YOUR SUPPORT

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Mascoma Bank Foundation
Mt. Roeschmore Foundation

New Hampshire Charitable
Foundation
Newport Charitable Fund
The Burkehaven Family Fund
The Jack & Dorothy
Byrne Foundation
United Way of Sullivan County
Vermont Community Fund

Faith & Community Organizations:

American Legion Post
22, Lebanon
American Legion Post
25, Newport
Faith River Church, Newport

First Baptist Church of Hanover
Lutheran Church of Our
Savior, Hanover
My Father's House Ministries,
Newport (YouthCAN)

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July 1, 2022 – June 30, 2023

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WWW.WCBH.ORG
603-448-0126



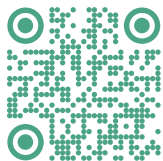


West Central Behavioral Health

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Mission

Vision

Values

West Central Behavioral Health's mission is to promote the health and quality of life of individuals, families and communities by providing treatment for mental illness and substance use disorders, while helping to reduce the stigma associated with these challenging conditions.

We envision a time when behavioral health services are fully available as needed and the stigma of mental illness and substance use disorders is eliminated.

West Central Behavioral Health values the worth, dignity and individuality of every person. We value our consumers as partners and recognize their right to self-determination. We value evidence-based clinical practices that have proven to be effective in treating mental and behavioral illness. We are committed to the highest standards of ethical conduct in all aspects of our work.

Our employees are our most valuable asset and we recognize that to achieve our mission and vision we must be good stewards of our resources. We must carefully manage them, and must collaborate with other agencies and groups, for the good of the community.

