

For Immediate Release

Gwendolyn Barros, MD LEADERSHIP AWARD

(Concord, NH) – Gwendolyn (Wendy) Barros, MD has been awarded the Excellence in Leadership Award presented by New Hampshire Psychiatric Society (NHPS), the state membership organization for Psychiatrists committed to bringing psychiatrists together to work for the benefit of patients and the profession.

“This Award honors the highest level of leadership and excellence protecting the mentally ill of N.H.,” said the NHPS Board. The recipient of our top award, Dr. Barros, is truly demonstrating leadership for the future of the mentally ill in New Hampshire.”

Wendy has served the population and staff at the Claremont office of West Central Behavioral Health for her whole professional career, which is ending in June. She has been the backbone of the adult clinic team and, for many years, the ACT team. She has also served as the psychiatrist working with Pathways clients (individuals with developmental disabilities) who also have psychiatric illness.

When there is a need, Wendy steps up to fill it. For example, she developed a training series for bachelor’s level clinical staff when it was evident that they needed basic training and has provided supervision for non-MD staff as needed. She has provided an opportunity for third year medical students to have exposure to outpatient psychiatric practice by shadowing her.

She has also supervised pgy3 psychiatry residents throughout her years at West Central, with the highest ratings, and also given lectures to pgy3 residents in the Community Psychiatry didactic series.

Beyond the particular roles Wendy has filled, and perhaps more importantly, she has led by example. She treats clients, as well as staff, with dignity, respect, and care. Her presence is a safe haven for all who work with her.

For more information on the New Hampshire Psychiatric Society, visit www.nhpsych.org.