



FOR IMMEDIATE RELEASE

West Central Behavioral Health Receives \$150,000 Grant from Couch Family Foundation

Award will Strengthen Critical Support Services for Families and Children in New Hampshire's Upper Valley

Claremont, NH – August 20, 2026 – West Central Behavioral Health recently received a \$150,000 grant from The Couch Family Foundation. The grant will be used to support mental health services for families and children in the organization's service area across a period of three years.

"The Couch Family Foundation has been a consistent supporter of West Central's work over the years, helping us to expand our services to the youngest children in need of behavioral health treatment," shared Lori Shibinette, President & CEO at West Central Behavioral Health. "This generous grant will help us increase access to services to more children and families in our region."

The grant was provided as part of The Couch Family Foundation's Cherished Communities Priority, which enhances the well-being of children, families, and communities in the Upper Valley of New Hampshire and Vermont, and in Martha's Vineyard in Massachusetts.

"West Central Behavioral Health fills a critical need for behavioral health services in the Upper Valley, particularly among young children and their families," said Sara Vecchiotti, Executive Director of The Couch Family Foundation. "We are thrilled to continue to support the organization as it builds infrastructure needed to expand its reach and strengthen the communities it serves."

For more information about the grant award or West Central Behavioral Health's programs and services, please visit wcbh.org or contact Deb Herndon, Vice President of Community Engagement, at dherndon@wcbh.org.

About The Couch Family Foundation

The Couch Family Foundation's mission is to be a catalyst for change in the lives of children and their families by creating quality and equitable opportunities to help them learn, thrive, and lead healthy, fulfilling lives. The Foundation achieves this mission through two strategic priorities: Statewide Early Care and Education system-building and Cherished Communities of the NH/VT Upper Valley and Martha's Vineyard.

About West Central Behavioral Health

West Central Behavioral Health is the CCBHC certified community mental health center for the Lower Grafton and Sullivan County regions. It ensures access to advanced counseling, treatment, and support for people of all ages and income levels. With locations in Claremont, Lebanon, and Newport, NH, West Central serves adults, families and children. Learn more online at wcbh.org

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